

Menu Options (September 2023 - January 2024)

^ denotes as vegetarian meal

Mondays-Thursdays		Mondays-Thursdays			
Options for ODD days (e.g. Oct 01, 03, 05, 07, etc.)		Options for EVEN days (e.g. Oct 02, 04, 06, 08, etc.)		Fridays	
A	Mac & Cheese + Bacon Bits	A	Meatball Pasta + Tomato Sauce	A	Cheese Pizza Slices ^
B	Mac & Cheese ^	B	Pasta + Tomato Sauce ^	B	Cheese Pizza Slice + Hot Dog
C	Chicken Burger + Hashbrown	C	Chicken Pasta + White Sauce	C	Cheese Pizza Slice + Fries ^
D	Beef Burger + Hashbrown	D	Plain Pasta (with Olive Oil) ^	D	Cheese Pizza Slice + Poutine Fries ^
E	Veggie Burger + Hashbrown ^	E	Chicken Strips + Poutine Fries	E	Pepperoni Pizza Slices
F	Bacon/Egg/Sausage Wrap + Cheese Perogies	F	Chicken Nuggets + Brioche Bun	F	Pepperoni Pizza Slice + Hot Dog
G	Baked Fish Wrap + Cheese Perogies	G	Cheese & Egg English Muffin + Cheese Perogies ^	G	Pepperoni Pizza Slice + Fries
H	Baked Chicken Wrap + Cheese Perogies	H	Turkey & Egg English Muffin + Cheese Perogies	H	Pepperoni Pizza Slice + Poutine Fries
I	Veggie Wrap + Cheese Perogies ^	I	Bacon & Egg English Muffin + Cheese Perogies	I	Singapore Chicken Rice
J	Mini Pepperoni Pizza Slices	J	Two Hot Dogs (Chicken)	J	Butter Chicken Rice
K	Mini Pepperoni Pizza Slices + Hot Dog (Chicken)	K	Hot Dog (Chicken) + Poutine Fries	K	Baked Fish Wrap + Fruit/Vegetables
L	Veggie Dog + Poutine Fries ^	L	Mini Cheese Pizza Slices + Hot Dog (Chicken)	L	Chicken Caesar Wrap + Fruit/Vegetables
M	Hot Dog (Beef) + Poutine Fries	M	Mini Cheese Pizza Slices ^	M	Chicken Nugget + Fries
N	Soy Sauce Chicken + White Rice	N	Soy Sauce Chicken + Dry Noodle	N	Chicken Nugget + Poutine Fries
O	Shredded Chicken + Savoury Rice	O	Shredded Chicken + Dry Noodle	O	Caesar Salad + Pita ^
P	Teriyaki Chicken + White Rice	P	Chicken Dumplings + Dry Noodle	P	Greek Salad + Pita ^
Q	Chicken Dumplings	Q	Cucumber Roll + Edamame ^	Q	Ham Sub
R	Chicken Onigiri + Edamame	R	Baked Fish Roll + Edamame	R	Beef Sub
S	Beef Onigiri + Edamame	S	Tamago (Egg) Roll + Edamame ^	S	Turkey Sub
T	Tuna Onigiri + Edamame	T	Ham & Cheese Sandwich	T	Bacon & Egg Sub
U	Chicken Ceasar Salad + Pita Bread	U	Turkey & Cheese Sandwich		
V	Ceasar Salad + Pita Bread ^	V	Egg & Cheese Sandwich ^		
W	Greek Salad + Pita Bread ^	W	Bacon & Cheese Sandwich		